

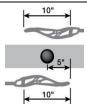
3-Person Crew - Pre-Game (NFHS Rules)

ADMINISTRATIVE (Referee leads)

- 30min before game time Be on the field
- Coaches Spend same amount of time w/ each
- Captains Emphasize sportsmanship
- Faceoff Men Contrasting colors; Palm up; S.N.G.
- Check Goals No balls or nets in them
- Balls 4 on sidelines and end lines

LEAD OFFICIAL

- Position Step above or below GLE
- Transition Stay one line ahead of the ball
- Coverage Two-man game until Trail gets in
- End Line On or near line for contested plays
- Goals Check with Single, watch bodies



FACEOFFS (Top to stop, parallel to line, ball in center, clear neutral zone)

- Mechanic Place Ball, Down, [adjust sticks], "set", [back out] whistle
- Faceoff Official Back out to single side, be aware of the wings; stay safe!
- Lead Left (Helper) Be aware of the wings, call violations if you see them
- Wing Official Stop sign until field is set, when ready then point
- Violations No play-on! Single restarts.
- Count Single has the 20- or 10-count upon possession.

TRAIL OFFICIAL

- **Position** 5yds from top of the box
- Transition Stays behind the ball
- On Shots Shooter, shooter!
- Far Goal You are the Lead
- Offside Count offense, then defense

SINGLE-SIDE OFFICIAL

- Position 3-5 yds above GLE
- Transition Gets to cone (mid-line)
- On Shots Shooter, shooter, shooter!
- GLE Cover goal if Lead drops below
- Offside Count offense, then defense

CREASE PLAY

- Lead/Single Confirm before signaling goal
- Ball Toward You Watch feet
- Ball Away from You Watch body
- Dive/Jump Can never score if player leaves his feet and lands in the crease
- Sequences:
 - O Dive, illegal push [flag], scores, lands in crease = No goal, asses foul
 - O Dive, legal push, scores, lands in crease = No goal, crease violation
 - o Grounded, illegal push [flag], scores, lands in crease = goal, wipe foul
 - Grounded, illegal push [flag], lands in crease, scores = no goal, assess foul
 - o Grounded, touches crease, scores = no goal, crease violation
 - o Grounded, scores, touches crease = goal, faceoff

TURNOVERS AFTER WIPING A GOAL Clear, demonstrative signal that shows conviction and certainty. Hustles to new position during the dead ball to be ready for the quick restart.

ADVANCING THE BALL / OVER AND BACK (OAB)

- Single has the 20- and 10-second counts (Trail has 4-second crease count)
- All 3 must be aware when count is satisfied (one hand in air)
- OAB only when count satisfied and offense was last to touch
- Turnover when ball breaks the plane (immediate whistle, rare play-on)
- Single restarts, New Lead hustles to GLE

CHECKS TO HEAD/NECK & DEFENSELESS PLAYER

- If it's close it's high! Call from anywhere
- Do not miss anything after Trail; eyes on the shooter
- Indirect Contact starts clean, finishes high, 1-min NR
- **Direct Contact** 23 min NR; excessively violent may result in ejection

ILLEGAL OFFENSIVE SCREEN

- Player's feet hips width apart
- Not moving prior to contact
- Crosse held within vertical plane of body
- Contact required!

RESTARTS (Quick; not rushed)

- Ball carrier must be stationary.
- All players (offense and defense) must be 5 yards away
- Tell the player what you want: "Pick it up and freeze!"



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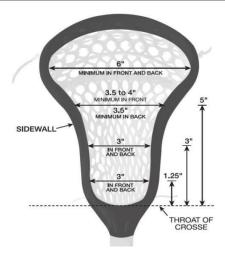
GET IT IN/KEEP IT IN (Outside the Last 2-Minutes of Game)

- Crew agrees to put the stall warning on
- Everyone signals and says:
 - Get it in (if outside the box)
- Keep it in (if inside the box)

Get It In/Keep It In (Inside the Last 2-Minutes of Game)

- Automatic if:
 - Leading team has possession
 - 4 or less goal differential
- 2nd defensive flag thrown stops play immediately unless there is a scoring play in progress

Shot from above GLE = Hits pipe, goalkeeper, or a goal is scored.





GOODIES (when to end a flag down, slow whistle)

- Goa
- Offense commits a penalty
- Out of bounds
- Defense gains possession
- Injury in the scrimmage area/Inadvertent whistle
- End of the period or the game/Equipment
- Second Defensive Foul/Subsequent Foul (unless scoring play in progress)

EQUIPMENT INSPECTIONS (Minimum of 4)

- Where Midline; two officials face in, one faces out
- When Timeouts and quarter breaks (adjust as needed)
- Who Grab the bench you are closest to; Single gets ball
- Fix It Tickets Incorrect butt end, hanging strings past 2"

2024 NFHS POINTS OF EMPHASIS

- Crosse Prohibitions
- 2. Eyeshade
- 3. Properly worn mandatory equipment
- 4. Checks involving head/neck

GAME MANAGEMENT – ADVANCED

- Remember the plays a coach may want to talk about later
- Create allies with goalies, captains, and assistant coaches
- Ghosting Imagine you are transparent and negative comments pass through you

GAME MANAGEMENT – HELPFUL PHRASES

- "Coach, I want to work together."
- "I understan' that; I 'preciate that, but here is what I saw on that play..."
- "I need you to rein in your assistant before he puts you man down."

FINAL CHECKLIST

- Whistles, flags, timers, scorecards, coins, measuring tape
- Do our uniforms match?
- Remember we have to call the ROUC!
 - o ROUGH, OBVIOUS, UNNCESSARY, CHEAP

REMINDERS

- Crease Calls Come in and communicate
- Big Sub Area Stay aware and count ahead
- Man Down Face Vacated wing, release waits on possession
- End of Quarter Shot is not possession
- Eye Contact With Coaches on timeouts, and partners frequently
- Goalkeeper –GETS 5 seconds on restarts

WHEN THE BALL IS DEAD WE BECOME ALIVE!